

# MODULE 3

# DESCRIPTION

Every relationship has high times and low times. It doesn't matter if the relationship is with the family you grew up with, work, friends, or with your partner.

In this module, we'll expand on some of the information you've learned. We'll also discuss strategies of how to handle the challenges in your relationship.

Preparation will make everything easier. Learning key strategies will keep bumps in the road from becoming deep holes that are difficult to climb out of.