

MODULE 2 SUMMARY AND REFLECTION

There are a number of factors to consider when choosing the most compatible partner for yourself.

Both emotional and physical intimacy are important. People have different skills in sharing emotional intimacy. There are also differences in sexual drive and ways to express sexual intimacy. The desire and need for touching will also differ.

People also have differing ways of communicating and socializing. There are the extraverts who share openly and introverts who are more private.

You learned your preferred Love Language. You now know what you and your partner can do for each other to make your hearts zing.

In addition, not doing what your partner asks you not to do, and then doing what your partner asks you to do, strengthens the relationship by reinforcing respect.

You also discovered the five most important qualities for you in a partner. These qualities are an objective criterion to judge whether someone is compatible with what is most important to you.

REFLECTION QUESTIONS

1. Describe your ideal romantic evening.
2. When you've been separated from your partner for a while, what is the first thing you want to do when you see each other again? Why?
3. What is most difficult for you in keeping the lines of communication open with your partner?

4. What can you do to strengthen your communication with your partner?
5. Describe how you'd handle things if your partner continually engages in behavior which you are uncomfortable with.

Your next module will give you strategies on how to handle the bumps in the road which will occur in your relationship. Every relationship has them. The better prepared you are, the better you will be able to handle them.